

Ithaki

School Magazine 2018-2019

18th ISSUE

Welcome from the Director

It is with great pleasure that I welcome you to the 18th edition of the Xenion High School magazine, 'Ithaki'.

This publication reflects our school's commitment not only to fully meeting the aims of the Ministry of Education but also to providing a multi-dimensional education that prepares our students for life as active citizens of the twenty-first century world.

'Ithaki' is a gazette; a record of the tremendous work undertaken during the past academic year by all our teachers and students. It records not only their prowess in academic endeavours but also the initiatives and events that have developed their creativity and strengthened the vital human qualities of respect, empathy and love of the arts that they will carry with them long after they leave us. Its pages demonstrate our fundamental belief that learning does not begin and end at the classroom door but encompasses every aspect of human experience. The contents of this journal chronicle the diversity of learning experiences that we at Xenion offer our students and the way in which they have risen to meet every challenge and taken every opportunity to excel.



I would like to congratulate all those who make this possible. I congratulate the teachers on their dedication and commitment to providing the best possible learning experience to our students. Most of all, however, I congratulate the students. They are the ones who bring our school to life. They are the ones who make all our efforts worthwhile. They are the ones whom 'Ithaki' celebrates.

The Director

Katelitsa Zouvani-Phylactou

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EVENTS & CELEBRATIONS

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Visitors & Guest Speakers





ROAD SAFETY LECTURE

This is an important annual event in the Xenion High School calendar, reminding us all of the terrible cost of ignoring road safety. The talk was given by **Mr George Demetriou**, Senior Officer at Famagusta Traffic Division, who was joined by **Ms Lena Mavrikiou** of the 'George Mavrikios Foundation' – a lady who, tragically, lost her son in a traffic accident one New Year's Eve.



SAFETY IN CYBERSPACE

A representative of the **KPMG Group** gave a presentation about safe Internet use, as part of the international 'Global Cyber Days' educational programme.





ANTARCTIC ADVENTURES

In early March, we were visited by **Professor Constantinos Christofides**, who is a worldrenowned scientist. He gave us an engrossing presentation about the Antarctic and his time on expedition there.

CAREERS WEEK

Every year we are delighted to welcome representatives of various professions as guest speakers during Careers Week. This year we had the following guest speakers:



Angelos lacovides 'Naval Studies'



Demetra Skapoullarou 'Nutrition'



Dora Anastasiou 'Interior Design'



Polis Kallis 'Tourism'



Elena Vasiliou 'Accounting'



Giorgos Nikolettos 'Civil Engineering'



Marios Liogris 'Veterinary Medicine'



Panayiotis Neos'Business Administration'



Marina Pashi 'Law'



Christos Kitazos 'Medicine'



Sophia Pieri 'Education'



Tasos Vattis 'Physiotherapy'



CHOOSING THE RIGHT DIRECTION

In November, we were delighted to welcome **Professor Stavros Photiou** of the University of Cyprus, who spoke to students about 'Vocational and Social Guidance'.

THE DANGERS OF ADDICTION



We were also joined in March by **Dr Michael Tornarites**, who spoke to the students about the dangers of addiction not only in relation to supposedly 'healthier' e-cigarettes but also about 'screen addiction', which is fast becoming a very serious health problem among teenagers.



TERRA CYPRIA

Ms Kyriaki Michael, Deputy Director of the Cyprus Environmental Study Centre spoke about the work being done by Terra Cypria and the wonderful diversity of Cypriot wildlife.



THE ROLE AND FUTURE OF THE EUROPEAN PARLIAMENT

As part of the 'School Ambassador of the European Parliament' programme, our local MEP, **Mr Lefteris Christoforou**, spoke to students about a range of issues including Brexit, the future of the EU and the involvement of citizens.



THE ROLE OF COMMUNITY POLICE OFFICERS

Mr Christos Miltiadous, who is the Community Police Officer for the town of Paralimni, spoke about his role and gave information on how to contact him if needed.



46 YEARS OF ACTION - CYPRUS RED CROSS

Representatives of the **Cyprus Red Cross Youth Section**, including Xenion teacher, **Ms Skevie Flourentzou**, spoke about the important work which has been done by the Red Cross for more than forty years.



ECONOMICS PRESENTATION

In November, **Year 6 A Level Economics Students** gave a fascinating presentation on 'Behavioural Economics'; in other words, how consumers can be manipulated into buying products.



STUDYING IN GERMANY

Dr Constantinos Sourkounis, who is a Professor at the Ruhr-Universitat Bochun gave an interesting talk about what it is like to study at his university.



MARCH 14TH GIANTS OF PHYSICS

Year 6 Physics students gave a presentation about Albert Einstein and Professor Stephen Hawking who were born and died respectively on this date.



WORKING TOGETHER TO SAVE THE ENVIRONMENT

Ms Marie Constanti, Biology teacher at Xenion, spoke about Environmental Policy (or lack of it) in Cyprus and described the simple things we can all do to reduce the amount of plastic waste we generate. This is a very serious environmental issue and the shocking scale of the problem was revealed by a very interesting presentation.





THE CONTRIBUTION OF PARENTS TO CHOOSING A CAREER

Dr Theodoros Katsanevas, Professor at the University of Piraeus, discussed the ways in which parents can help their children to make this important life choice.



BOOK FOR BOOKS

The **Sophia Foundation for Children** was established in 2008 by Cypriot volunteers with the aim of contributing to the fight against the suffering caused by poverty in developing countries, and particularly Africa. **Ms Sophia Tsantilla-Phylactou** spoke about the Foundation's work.



THE DANGERS OF DRUGS

Dr Kyriacos Veresies, who is a neurologist and psychologist, spoke to upper school students about the dangers to physical and mental health of drug use.



FIRECRACKERS

A timely and graphic warning of the dangers of fireworks was delivered by a representative of Paralimni Police shortly before Easter.

Special Assemblies



A JOURNEY THROUGH TRADITION

On April 19th, a number of artisans spoke about their craft at a special assembly. This was followed by a practical demonstration of their skills. It was a fascinating experience and one which showcased Cyprus' rich tradition of craftsmanship.









DECEMBER 10TH

WORLD HUMAN RIGHTS DAY

In Assembly on December 4th, we took time to acknowledge the continuing battle for human rights. A presentation entitled 'Human Rights For All' was given by Mrs Anna Michael's Law students.



NOVEMBER 11TH REMEMBRANCE DAY

Year 6 and 7 History students gave a special presentation to mark the 100th Anniversary of the end of World War I. This was followed by a two-minute silence in memory of the fallen.



OCTOBER 24TH UNITED NATIONS DAY

A presentation by Year 6 students who are taking A Level History; directed by their History teacher, Mr Nicholaos Shiaxiate.

School Celebrations & National Anniversaries



SEPTEMBER 4TH BLESSING CEREMONY

The academic year began formally with the Blessing Ceremony, conducted by the Bishop of Constantia-Ammochostos Vasileios, Archimandrite Avgoustinos Karas, Father Irakleidios Xiouros and Father Epifanios Papantoniou.



OCTOBER 1ST CYPRUS INDEPENDENCE DAY

A presentation by the school's Theatre Club, remembering in words, music and dance this important anniversary, which commemorates the date in 1960 when Cyprus officially became an independent country.

OCTOBER 28TH

NATIONAL ANNIVERSARY OF 28TH OCTOBER 1940

The anniversary of the occasion upon which Metaxas, the ailing Greek Prime Minister, refused to give in to the Axis powers and chose, instead, to join the fight against fascism. As part of this event, the school banner and the Greek and Cypriot flags were presented to their bearers and the Honour Guard was sworn in. This year's commemorative presentation and ceremony was co-ordinated by Ms Margarita Prountzou, Ms Yiota Pitta and Ms Sophia Tsantila-Phylactou.











NOVEMBER 15TH

DAY OF REMEMBRANCE AND CONDEMNATION OF THE PSEUDOSTATE

The Student Council delivered to UN representatives a letter of protest at the continuing occupation of Cyprus by Turkish forces and members of the Theatre Club gave a performance at the amphitheatre related to the Condemnation.



OCTOBER 28TH & MARCH 25TH

NATIONAL HOLIDAY PARADES

The best of our students, proudly led by the Standard Bearers, took part with dignity and discipline. They represented themselves, their families, their school and their country very well indeed.



JANUARY 30TH CELEBRATION OF THE THREE HEIRARCHS

A celebration of three giants of letters and of learning - presented by students, with Religious Education teacher, Ms Angelika Kyriacou. This year, as part of our celebration we took part in the Book for Books initiative, organised by the Sophia Foundation for Children. During the last week of January, we held a bring-and-buy sale of books, with proceeds going to educational causes.





FEBRUARY 28TH TSIKNOPEMPTI

This is always a very popular and enjoyable celebration and this year was no exception. Lower School students were catered by the lovely staff in the canteen while the Upper School cooked up a storm of traditional Cypriot barbecue. It was a day of delicious food, great fun and good company.







MARCH 25TH CELEBRATION OF THE GREEK REVOLUTION OF 1821

Greek Independence Day is celebrated on March 25 in commemoration of the start of the War of Greek Independence in 1821. It coincides with the Greek Orthodox Church's celebration of the Annunciation to the Virgin, when the Archangel Gabriel appeared to Mary and told her that she would bear the son of God. The anniversary is traditionally marked by a parade, in which schools carry their school flags together with the Cypriot and Greek flags. In the parade on the 25th, our standard bearers led their fellow students in a dignified and proud representation of our school, as always.







APRIL 1ST
BEGINNING OF THE EOKA
CAMPAIGN FOR INDEPENDENCE

Events on the 1st of April remember the beginning, in 1955, of the fight for independence from British rule, in which the EOKA organisation played a leading role.

Annual Theatrical Production

"MAIDEN'S CHEEK"

This year's production was a stage adaptation of the 1959 Greek romantic comedy, 'Maiden's Cheek', which is one of the most famous films in Greek cinema. In addition to the good reviews the film received, it broke all box-office records of that time in Greece: selling over 100,000 tickets in the very first week. It was such a great success that movie houses which usually only opened in summer stayed open through the winter so that people could see the film. The film was so popular that people would go to watch it several times, in fact the number of tickets eventually sold was twice as many as the population of Greece!









The plot centres around the misadventures of Mr Panos Floras: a charming young man who is hired to teach at an exclusive private school for girls. The girls are from rich families and have been spoiled rotten. Their main delight is to make their teachers' lives as difficult as possible.





The ring-leader of the miscreants is a girl called Lisa Papastavrou and she causes him so much trouble that he almost loses his job when Lisa's parents ask the school to fire him. Meanwhile, Lisa begins to fall head-over-heels in love with her teacher nemesis.

However, Mr Floras is determined to bring them to order. As he attempts to impose some discipline on his unruly class of wealthy brats, a battle of wills ensues. The girls employ a range of tactics to get rid of the new guy.

















Produced and directedby Greek teachers, Skevie Kyriacou,
Galatia Perikleous and Sophia
Tsantilla-Phylactou

Choreographyby Eleni Koutsiou, form teacher
at Xenion Junior School

National and International Participation

Xenion High School has always encouraged students to be active on the international stage, as befits young people who wish to take their place in the wider world. As a result, our school, our town and our country are well represented in many international settings by Xenion students - both in teams of delegates and as individuals. The value of the life-skills such as problem-solving, negotiating and planning; that are learned from such experiences cannot be overestimated and the understanding, tolerance and insight that students gain from international experiences are vital qualities in those who will lead our country in the future.

Political bodies such as the European Youth Parliament foster an understanding of the relationship between state and citizenry and an appreciation of the complexities of government. Through numerous initiatives, students work with their peers from other countries in the building and promotion of friendship and co-operation and the mitigation of prejudice and insularity

EUROPEAN YOUTH PARLIAMENT (EYP) CYPRUS 12TH NATIONAL SESSION

Our EYP team did very well at the Preselection Days in early March and were selected to go forward to the National Session. Our delegates up for selection were:

John Fitsiou, Anastasis Moulazimis and Constantinos Attouni, Year 4;

Colleen Demetriou and Alexandra Melekki of Year 5,

Chrystalla Yiannitsarou and

Chrystalla Gerolemou of Year 6.

Penelope Koutsou, Andria Chrysostomou, Marios Loizides and Alexandra Kefala, all of whom are in Year 6, were our final delegates at the conference in late August. They were also part of the Media and Organising teams.



EYP CYPRUS 4TH TRAINING WEEKEND

The Head Organisers for this were our students: **Alexandra Kefala** and **Andria Chrysostomou.**







MODEL EUROPEAN PARLIAMENT, SPAIN

Petros Kitazos, of Year 6, was selected by the Cyprus National Committee of the EYP to represent Cyprus in Toledo, Spain in November and later also took the Chair at the EYP Congress in Sweden.

EYP MINI-SESSION 2018

Our students distinguished themselves by both their maturity and poise and their high-order debating skills during this event in Larnaca. Our delegates were:

Year 4

Antonia Michael **Anastasis Moulazimis Constantinos Attouni** John Fitsiou

Year 5

Ekaterini Hadjipanayi Alexandra Melekki Cornelia Kitazou **Colleen Demetriou**

Year 6

Petros Kitazos Antonis Antoniou Chrystalla Gerolemou Savvina Nicholaou Chrystalla Yiannitsarou

EYP AUSTRIA

Three Xenion students: Cornelia Kitazou, Savvina Nicolaou and Antonia Michael were selected to attend the Austrian EYP's Graz National Selection Conference, which was held in April. Of one hundred contenders, only six succeeded - and half of them were our students; so well done on an outstanding achievement.













ERASMUS PLUS

Erasmus is a European Union student exchange programme established in 1987. Xenion has been an active participant in Erasmus, and in the new Erasmus Plus programme, since the early days of the school. This year was no exception and our students: Anastasis Moulazimis, Andreas Soteriou, Anna Theocharous,

Antonia Michael and John Fitsiou had a wonderful time in Estonia.



EUROPEAN PARLIAMENT AMBASSADOR SCHOOL

In early March, a group of Xenion students presented their work on a European theme to assessors from EPAS. The students worked through a variety of activities and lectures promoting EU Institutions and EU elections, they achieved the title 'School Ambassador of European Parliament' for the year 2018-2019 and were rewarded with a trip to Strasbourg. These students are:

Year 4

Lorraine Themistocli
John Fitsiou
Constantinos Attouni
Panayiotis Evangelou
Yiannis Soteriou
George Vasiliou
Elisavet Alkiviadi
Constantina Panteli
Colleen Demetriou



EUROSCOLA, STRASBOURG

In late March, a number of students participated in the Euroscola programme in Strasbourg as part of a bi-communal group representing young people from both sides of the Green Line.



MEDITERRANEAN MODEL UNITED NATIONS (Medi. M.U.N.)

Medi.M.U.N. offers a unique experience to young people as they meet and debate issues of real importance in today's world. Young Cypriots are asked to represent the interests of countries and communities other than Cyprus. The insights they gain into how the wider world has different needs and priorities from their own, together with the confidence in their ability to put forward a point of view in a cogent and articulate manner that they develop as a result of their participation, are assets that will serve them well in their future studies and careers

Eleven students from our school participated in the 14th Annual Medi.M.U.N. session in February and Year 6 students **Petros Kitazos** and **Andria Chrysostomou** were chosen to chair committees.



KOPPELMUN MODEL UNITED NATIONS 2019



Year 7's **Adam Madanat** served as Head of Security for this event, which was held in Amsterdam in February this year.



CYPRUS YOUTH PARLIAMENT

Three of our students were elected to both the Parliament and to positions of responsibility. **Rafaella Constantinou** was co-opted as a member of the Special Group of the Commissioner for Children's Rights in Cyprus. **George Kefalas** was chosen as an Assistant Secretary and **Anna Margarita Spanashi** was appointed Dean.



RED CROSS PANCYPRIAN CONFERENCE

Year 6 students attended this annual event.



CYPRUS FRIENDSHIP PROGRAMME

Constantinos Attouni was selected to take part in the Cyprus Friendship Programme Camp, which was held in Troodos in

July this year.



YOUTH PARLIAMENT - ATHENS

Out of hundreds of possible candidates worldwide, our Year 6 students, **Andreas Komodromou** and **Stylianos Vrakas** were chosen to attend.





RED CROSS YOUTH SECTION

Xenion students took part in an experiential workshop exploring "How and to what extent does other people's behaviour affect me?"







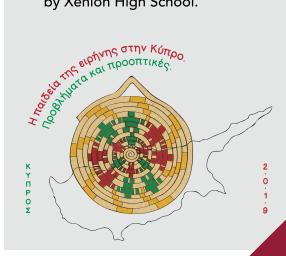


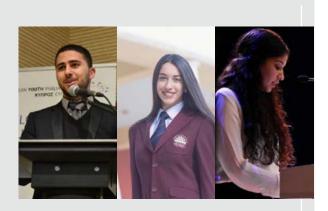


15TH STUDENT CONFERENCE FOR MIDDLE, TECHNICAL AND PRIVATE SCHOOLS IN FAMAGUSTA

A group of Year 6 and Year 7 students participated in an experiential conference and workshop for all high schools in the Famagusta area. The main subject of the conference this year was, 'Freedom and the Cyprus Problem'. Each school had to choose one aspect of the main subject and discuss it in groups.

The conference was organised by Xenion High School.





CHARISMATIC YOUNG CYPRIOTS

In late November, three of our students: **Petros Kitazos** and **Margarita Kyza Karavioti** of Year 6 and **Cornelia Kitazou**, Year 5, were chosen as 'The Most Talented and Charismatic Cypriots for 2017-18' at the 'Protagonistes Zoes' awards, which were held at the Nicosia Hilton.



8TH PANCYPRIAN SCIENCE CONFERENCE FOR STUDENTS AND TEACHERS

A team of students from Xenion participated in this event, which was held in Paphos at the end of February. They presented a project on a 'Chemical Iodine Clock'. Team members, all from Year 6 were:

Maria Christodoulou Evangelia Evangelou Alexandra Kefala Andreas Komodromou





ADOLESCENT STUDENT COUNSELLORS FOR THE COMMISSIONER FOR THE PROTECTION OF CHILDREN'S RIGHTS

Both **Elisavet Alikviadou**, Year 4, and **Ioanna Panayiotou**, Year 3, were chosen to serve on the basis of their performance in an essay competition. Meanwhile, **Rafaella Constantinou**, Year 3, was elected by the Cyprus Youth Parliament to represent them on the committee.



BENJAMIN FRANKLIN TRANSATLANTIC FELLOWSHIP

Penelope Koutsou was selected from hundreds of students across the country to participate in a ten-day Youth Entrepreneurship Summer programme in Washington.

Good Causes & Charitable Giving

Xenion High School is more than just a school. It is a part of our local community, our town, our country and our world. Our students realise that they are, in many ways, lucky to have all the advantages that they do and that not everyone is so lucky. This understanding underlies the school's long-standing and enthusiastic commitment to raising both funds and awareness for a wide range of good causes. Our school has, indeed, been so successful in charitable fundraising that we have been presented with a certificate by the Pancyprian Volunteerism Coordinative Council in recognition of our outstanding charity work throughout the years.

CHRISTODOULA'S MARCH

This annual event is held in memory of a remarkable woman from Famagusta. The aim of the Christodoula's March is to raise public awareness of issues surrounding cancer and to raise the funds needed to continue financing the various services offered to cancer patients by the Cyprus Anti-Cancer Society. Our school is proud to take part each year in this important event.

The Raising and Giving Club raised €1220 by selling tickets. The money was presented to the President of the Anti-Cancer Society at Assembly.

PANCYPRIAN TRAFFIC FUNDRAISING EVENT BY PASYKAF

The Raising and Giving Club managed to raise a total of €1820 This comprised €256 collected at Xenion High School, €178 from the Junior School and €1386 collected during the 'Road Charity' event. A cheque for €1820 was handed over to a representative of PASYKAF at an Assembly in October.













AGIA NAPA TRIATHLON - NIREAS TRIATHLON

Members of the Red Cross Club vounteered at this event. They were kept busy handing out water and providing assistance to the athletes who, we are sure, appreciated their support.

BREAST CANCER AWARENESS MONTH

October was Breast Cancer Awareness month and Year 7 Chemistry A Level students together with Year 5 students and their teachers, Ms Penny Riala and Mr Yiannis Constantinou, raised €128 for the School Council from the sale of pink ribbons.





HALLOWEEN SWEETIE JAR CHALLENGE

Art Club students challenged their schoolmates to correctly guess how many sweets were in a large jar, with a prize for the winner. Elisavet Tsiouti, Yr 7, guessed correctly that the jar contained 283 treats and a total of €108 was passed on to the Student Council.







INKTOBER SCHOOL ART COMPETITION

It was decided that we would use this opportunity to do something proactive to help the environment. So, after the best drawings had been chosen by votes from teachers, they were transferred to a range of environmentally friendly products, such as canvas shopping bags and reusable water bottles, which were then sold at school.

The winning drawing was printed on a special hooded sweatshirt and all profits from sales of this were given to charity.









HAIRSTYLING CHARITY EVENT

The School Council ran this novel fundraiser, which generated a total of €1312. €1000 was given to the Cyprus Anti-Cancer Society and the remaining €312 to the Radiomarathon.

During this fun event students had their hair cut or braided for a good cause. Professional hairdressers volunteered to cut the boys' hair while talented students braided girls' hair in the school yard. Drinks and snacks were sold during the hairstyling. Special thanks to Ms Sophia Tsantilla-Phylactou, who helped to organize the event.



CHARITY FASHION SHOW

Students volunteered as models in this fundraising event for the Anti-Cancer Society of Famagusta and Xenion was proud to be one of the show sponsors.















THEATRICAL FUNDRAISER

Evening performances of this year's production, 'Maiden's Cheek', raised a total of **€1600**. This money was used to help local families in need.



CYPRUS CLEAN UP DAY

There can be no better cause than caring for our environment and our planet. As part of 'Let's Do It Cyprus' a Xenion volunteer team of students and teachers made a difference to our little corner of the world when they cleaned up Fig Tree Bay in Protaras.





'ONE DREAM - ONE WISH'

Each year we are delighted to be able to support the 'One Dream One Wish' foundation: the Cyprus Association for Children with Cancer and Related Diseases. This year, a total of €500 was raised by the Junior School and the High School together. A cheque was presented to the riders when they visited the school in March.





BAKE DAYS

At the beginning of the school year, Year 5 organised one of these break-time events, which raised a total of €400 for various good causes.

Their colleagues in Year 6 followed a month later with their own range of goodies, which raised a further €350.

Not to be outdone, Year 1 students held their own Bake Day and raised **€223**.

There really is nothing like Sweet Charity!



VALENTINE'S DAY

Organised by Year 7 students to raise funds for Apostolos Varnavas school for children with special needs. They managed to collect **€600**.

ENVIRONMENT DAY

To mark this, Years 2 and 3 went to Agia Napa Sculpture Park and planted trees. They also visited the Cavo Greco Environmental Centre and spent the rest of a very busy day cleaning up Konnos Beach.





EASTER CANDLES

Members of the Art Club handdecorated Easter candles. These were sold and raised **€442**, which was given to a family affected by cancer.







CHRISTMAS GIFTS

Year 5 students collected Christmas gifts and toys for the Cyprus Association of People with Autism.

In a parallel initiative, more than fifty gift bags and boxes for boys and girls of all ages were made up by Lower School students working with Art teacher, Ms Evanthia Aresti, and presented to His Eminence Bishop Vassilios of Constantia and Ammochostos.

CAROL SINGING

Just before we broke for Christmas, Carol Singers from Year 1 were out and about and they raised a total of €330. The money was passed on to a family in need.

STUDENT COUNCIL EVENTS

The Council ran a number of events, for example Film Nights, and raised funds to help a number of families in need.





BLOOD DONATION

The gift of life cannot be over-valued. This was the gift our Upper School students and teachers were happy to give when the Blood Transfusion Service visited us on the last day of the Easter term.



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AWARD-WINNING STUDENTS

Academic Awards
Mathematics Competitions
ICT and Science Competitions
Junior Achievement Competition
Duke of Edinburgh International Award (DoE)
Literature & the Arts
Sporting Achievements

Academic Awards

OUTSTANDING CAMBRIDGE LEARNER AWARDS

These are given each year to students who have distinguished themselves by a very high level of performance in the Cambridge International Exams.

This year our Cambridge winners were:



Fotiana Zouvani

TOP IN THE WORLDA Level Greek

TOP IN CYPRUSAS Level History



Maria Vorka

TOP IN CYPRUSIGCSE Chemistry

HIGH ACHIEVEMENTAS Level Biology



Andria Chrysostomou

TOP IN CYPRUS

IGCSE English as a Second Language



Yuen Chui Luk

TOP IN CYPRUSIGCSE Mathematics



Maria Christodoulidou Manitara

TOP IN CYPRUS IGCSE Biology



Louiza Hadjipanayi

HIGH ACHIEVEMENT

AS Level Chemistry AS Level Physics



Eleni Kyriakou

HIGH ACHIEVEMENT

AS Level Law

Our students are encouraged to strive for excellence in all aspects of their education.
One area in which Xenion High School is pre-eminent is in academic achievement. Each year our students win numerous academic awards and accolades.

EDUCATIONAL AWARD

At Xenion, we believe that a school does not stand in isolation but is, instead, a vital part of local and national life. As a result, we encourage students and teachers to become involved in collaborative work that benefits the world beyond our walls and have, for many years, been active in social, environmental and charitable endeavours.

In June this year, the contribution made by Xenion High School to our local and national community was recognised when the school was awarded the prize for "Community Relations" at the "Cyprus Education Leaders Awards". This prize is for the design and implementation of both one-off projects and ongoing programmes that contribute to improving our society. The award was accepted on behalf of the school by Mr George Phylactou, Assistant Director of Xenion Education.



Mathematics Competitions

DISTRICT MATHEMATICS COMPETITION

This year a number of our students did well in this event. The winners were:

Year 1

Andreas Pakkoutis –1st Prize
Giorgos Christofi – Commendation
Andreas Panayiotou – Commendation
Andreas Demetriou – Commendation

Year 2

Stefanos Hadilefteris – 2nd Prize **Panayiotis Hadjizacharias** – 3rd Prize

Year 3

Nikolas Ntzagides – 3rd Prize Panayiota Dorotheou– Commendation Ioanna Panayiotou– Commendation Grigoris Theodorou– Commendation Giorgos Kefalas– Commendation

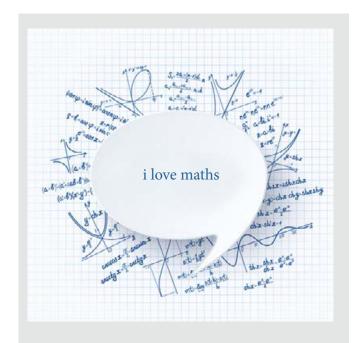
Year 6

Gigi Luk – Commendation
Zoe Manitara Christodoulidou – Commendation
Andreas Theocharous – Commendation

Year 7

Antonis Christou - Commendation

Our winning
mathematicians –
Well done all of you!



PANCYPRIAN AND INTERNATIONAL MATHEMATICS COMPETITIONS



Andreas Pakkoutis of Year 1 was awarded a Commendation in the Pancyprian Mathematics Competition, which was held in December 2018 and then went on to win the Gold Medal in the April 2019 Mathematical Olympiad.



KANGOUROU MATHEMATICS COMPETITION

Year 1
Andreas Pakkoutis
Gold Medal

Year 2
Panayiotis Hadjizacharias
Bronze Medal

Year 4 **Loukas Stavrou** *Bronze Medal*

LOWER SCHOOLS' MATHEMATICS RELAY

This year, our team won *3rd Place* out of 76 schools in Cyprus, and did very well against some pretty stiff competition.
Our entrants were:

Year 1
Andreas Demetriou
Elena Nikolettou
Andreas Pakkoutis

Year 2
Stefanos Hadjilefteris
Panayiotis Hadjizacharias
Omiros Tikkis

Year 3
Panayiota Dorotheou
Giorgos Kefalas
Nikolas Ntzagides

EUROPEAN STATISTICS OLYMPIAD

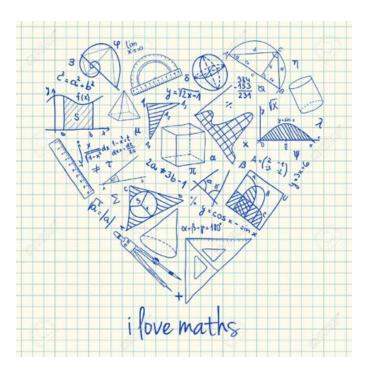
A team from Xenion placed 4th in the national Lower Schools phase of this competition while Year 6 students were in 3rd Place out of a field of 70 schools in the Upper Schools category.

In the second phase of the event, the Year 6 team won 5th Place Internationally. Team members were:

Year 3
Rebecca Arampampasli
Nikolas Ntzagides
Grigoris Theodorou

Year 6
Petros Kitazos
Christos Theofanous
Stavros Tsokkos





ICT and Science Competitions

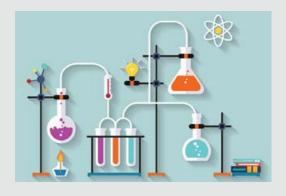
9TH COMPUTER SCIENCE AND COMPUTATIONAL THINKING COMPETITION FOR GYMNASIUM

Year 1

Andreas Pakkoutis - 2nd Place **Andreas Panayiotou** - 4th Place

Year 3

Ioanna Panayiotou - 3rd Place

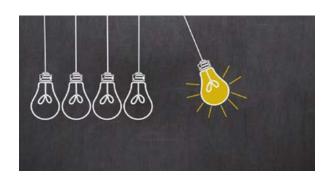


11TH PANCYPRIAN CHEMISTRY OLYMPIAD



One of our Year 4 students was among the top winners in this competition.

Maria Kesko won the *Bronze Medal.*



PANCYPRIAN PHYSICS COMPETITION

Year 1

Loizos Koumparou – Bronze Award

15TH PANCYPRIAN PHYSICS OLYMPIAD LOWER SCHOOLS

Year 1

Andreas Pakkoutis – Silver Award George Christofi – Bronze Award Kyriacos Loizou – Bronze Award

Year 2

Panayiotis Hadjizacharias – Silver Award

PANCYPRIAN ACCOUNTING OLYMPIAD

Year 5

Nicoletta Petrou - Silver Medal







ACTION AGAINST CLIMATE CHANGE

A group of Year 2 students won 1st Prize and a trip to Strasbourg at this event with their video entry entitled, 'The Climate is Sending an SOS'.

They were:

Athina Nikolettou, Omiros Tikkis, Rafailia Fokki, Ioulia Christoudia and Panayiotis Hadjizacharias.

This was an interesting project, as it combined Science with Artistic Expression and the team were supported by both their Science teacher, Ms Charalambia Charalambous and Art teacher, Ms Evanthia Aresti.







Junior Achievement Competition





A group of Year 4 to 6 students participated in the Junior Achievement Cyprus Competition. The concept of this competition is that the students develop a product and sell shares in their company. They use the money to buy the materials they need to make their product, which they then sell. Finally, they return the profits to the people who bought shares in the company.

With the support and guidance of the Business department, the students set up two companies. 'Wollow', was a company selling desserts in eco-friendly packaging. Their range also included vegan desserts. The products were launched at the school using the slogan, "We Make Desserts - You Say Wow!"

The second company was called 'Roucho Sacchetto' Their product was an easy-to-carry tote bag appropriate for every type of use. The goal was to offer an alternative to plastic bags and to spark creativity in people, as each bag was customized to match each client's style and personality.









Team members were:

Wollow

Year 5

Andreas Alexandrou
Christos Arampampaslis
Pavlina Andronikou
Konstantinos Yerasimou
Cornelia Kitazou
Layan Zentani
Margarita Marcou
Year 6
Sergios Kyzas
Andri Demosthenous
Ariadne Alkiviade
Christos Theofanous
Michaelia Andreou

Fotis Papaconstantinou

Roucho Sacchetto

Marios Nikolaou

Year 4

Anna Theocharous
Antonios Arampampaslis
Constantina Panteli
Elisavet Alkiviadou
Georgia Nikolaou
John Fitsiou
Mariah Zentani
Olga Bunina



As well as their participation in the overall event, students who took part in Junior Achievement Cyprus had the option of participating in the *Entrepreneurial Skills Test.* **Olga Bunina**, Year 4, won *3rd Place* in Cyprus and **John Fitsiou**, also Year 4, was awarded a *Commendation*.





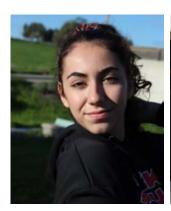


Duke of Edinburgh International Award (DoE)

The Duke of Edinburgh Award programme, which first started in 1956, is active in 114 countries for young people between the ages of 14 and 25. The DoE Award equips the youngsters with life skills to make a difference to themselves, their communities and the world. They experience adventure, acquire new skills and make new friends. The Award programme consists of 3 levels: Bronze, Silver and Gold.

Two of our Year 4 students, **Antonia Michael** and **Panayiotis Evangelou** received their *Bronze Awards*.









MERA COMPETITION

This year we fielded a team of eight students from Year 3. Their project was entitled, 'E-cigarettes: Are They Really the Lesser Evil?'

With the guidance and supervision of their teachers, Ms Penny Riala and Ms Charalambia Charalambous, the whole team conducted their research in a thorough and professional manner.

Although our team did not take the top prize, they did get a Commendation.

The team members this year were:

Rodothea Antoniou Rebecca Arampampasli Panayiota Dorotheou Anna Kadi Ioanna Panayiotou Ana Maria Paraschiv Anna Margarita Spanashi Larissa Zefka



Literature & the Arts



GREEK EMBASSY ESSAY COMPETITION

2nd Place went to

Stylianos Vrakas of Year 6 in the Student Essay Competition for 2019.





3RD INTERNATIONAL FESTIVAL FOR YOUNG POETS 'AT THE FIRST STEP'

Two of our Year 6 students won *Distinctions* in this competition.
Their works will be published in an anthology entitled. 'At the First Step'. The young poets were: **Sophia Killi** and **Christos Theofanous**. Christos was also awarded a *Commendation* at the **Panhellenic Poetry Competition**, which was held in Kalavryta, Greece.

3RD PANCYPRIAN LYCEUM ESSAY COMPETITION

George Miltiadous, Year 6, won a *Commendation* in the European Text Production Competition, in which 42 Public and Private schools competed for places at Euroscola in 2020. As he was among the top six entrants, George will be going to Strasbourg.



HOLY ARCHBISHOPRIC OF CYPRUS: PANCYPRIAN ESSAY COMPETITION



Maria Vorka, Year 7 student, won a *Commendation* in the competition organised by the Ministry of Education and the Church of Cyprus.

PANCYPRIAN COCKTAIL CONTEST

The culinary arts are often considered to be one form of creative expression so making winning cocktails might just qualify. **Orestis Avraamides**, Year 6, won the *Bronze Award* in the Grand Mattoni Cocktail Competition - non-alcoholic category, of course.



3RD PANCYPRIAN LITERATURE AND ARTISTIC COMPETITION 'FORMS OF ART AND THE GREEK ENVIRONMENT' - EPOC

Christos Theofanous, Year 6, won a *Commendation* in the 'Writing' category of this event.

In the same competition, four of our Year 3 students won prizes in the 'Visual Arts' category.

Anna Margarita Spanashi - 2nd Prize (Drawing)

Sonia Adamou - 2nd Prize (Photography)

Margarita Papakyriakou - 3rd Prize (Photography)

Daphne Koutsofta - 3rd Prize (Photography)

loanna Panayiotou - 2nd Prize (Photography)

ART COMPETITION - A GALAXY OF PEACE

1st Place in this international competition under the aegis of MKO Paz, Spain went to **John Fitsiou**, Year 4, for his work , which will now be shown at an exhibition to be held in Spain.



ART CONTEST FOR GENDER EQUALITY 'RECONCILIATION OF PERSONAL AND PROFESSIONAL LIFE'

Two of our Year 4 students shared 3rd

Prize in this competition, which was as much about raising awareness as it was about Art. Our winning students were:

Panayiotis Evangelou and
Anna Theocharous. At the Award
Ceremony in Nicosia, the Minister of Education and Culture, Mr. Costas
Champiaouris, gave a speech about the equality of the sexes in life and



CONTEST IN THE VISUAL ARTS OF THE MUNICIPALITY OF MORFOU

1st Place was won by **Antonios Pitsillos**, Year 1.



8TH PANCYPRIAN CONTEMPORARY ART COMPETITION - 'FACES'

Three of our students won prizes in this multi-disciplinary contest. In the 'Animation' category,

Christoforos Kkaras, Year 6, won 3rd Prize for his short film entitled, 'The Cultist' and Wanting Yang, also Year 6, was awarded a Commendation for her film, 'Wind'. Meanwhile Year 7 student, Antonia Epifaniou won a Commendation for her work entitled, 'The Gaze'.



Christoforos Kkaras



Antonia Epifaniou



Wanting Yang

INKTOBER

Every October, artists all over the world take on the Inktober drawing challenge by doing one ink drawing a day over the entire month. Each day has its own prompt, for example 'muddy', 'star' or 'precious' and drawings are submitted for judgement at the end of the month. This was a very popular and successful event and we had lots of entries.

The winning entry was by
Anna Margarita Spanashi, Year 3.
2nd Place went to Dominika Koriakina,
Year 2, and 3rd Place to
Anna Theocharous, Year 4.



3RD PANCYPRIAN PHOTOGRAPHY COMPETITION FOR PRIVATE SCHOOLS "CYPRUS, NATURE, CULTURE AND CIVILISATION"

This contest is organized by the Pancyprian Federation of Parents' and Guardians' Associations of Private Schools. Nine students ranging from Years 1 to 7 took part and **Loukas Stavrou**, Year 4, won a *Commendation* for his photograph, 'Purple Touches'.



Loukas Stavrou

Sporting Achievements

ELEFTHERIA SAILING RACE

Juliusz Hebel, Year 3, won *2nd Place* in this event.

As the year went on, Juliusz added several more wins to his record, adding up to a very successful year.

Laser 4.7 Cyprus Championship, Under 16s - 1st Place Laser Radial Cyprus Championship, Under 17s - 3rd Place Optimist Cyprus Championship - 3rd Place Optimist World Championship - 58th out of 265 boats



MODERN PENTATHLON-DIATHLON

In this competition, held in Paphos, Xenion Year 2 students who competed in the Youth category of the Pancyprian Swimming Championship were placed as follows:

Christos Kythreotis - 5th Place Evelina Isidorou - 6th Place Isabell Nourou - 7th Place Adamos Anglou - 14th Place



FAMAGUSTA DISTRICT ATHLETICS MEETING

Daphne Koutsofta of year 3, won 1st Place in the 1000m during the Gymnasiums' Track Competition in March.

PANCYPRIAN SWIMMING COMPETITION

Stefanos Hadjilefteris, of Year 3, took *1st Place* for the 100m Butterfly at the Pancyprian Competition.

OAKA SWIMMING CHAMPIONSHIP, ATHENS

In Athens in April, two of our students placed in the top three in their events.

Christos Kythreotis, Year 2 50m Freestyle - *2nd Place* 100m Freestyle - *2nd Place*

Stefanos Hadjilefteris, Year 3 100m Freestyle - *2nd Place* 100m Butterfly - *2nd Place*

CYPRUS TEENAGERS COMPETITION CATEGORIES A AND B

Christos Kythreotis, Year 2 50m Freestyle - *3rd Place*

Stefanos Hadjilefteris, Year 3, Category A 50m Butterfly - *1st Place* 100m Butterfly - *1st Place* 200m Butterfly - *3rd Place*



MARTIAL ARTS

WORLD - BALKAN JU JITSU CHAMPIONSHIPS, ATHENS

Antonia Epifaniou, Year 7, won the *Gold Medal* in the Under 21s, 49 kg category in Greece.

Margarita Kyza-Karavioti, Year 6, took Fourth Place.

PANCYPRIAN JU JITSU COMPETITION

In the Under 16, 55kg category, **Andreas Tsokkos**, Year 3, came in *3rd Place*.

PANCYPRIAN TAEKWONDO OPEN

Stefanos Demosthenous, Year 3, won the *Gold Medal* in the 14 - 16 age category.

In the same competition, **Andrea Hadjipanayi**, Year 1 took the *Silver Medal* in the 10 - 14 group.



MARKSMANSHIP

Congratulations to **Andreas Katsiaris**, who won *1st Place* in a local shooting competition.

OKINAWA TE TAI GREECE AND CYPRUS CHAMPIONSHIPS 2018

Several of our students did very well in this event. The winners were as follows:

Margarita Kyza Karavioti, Year 6 1st Place KATAS event 1st Place Open Category 2nd Place Female Category

Antonia Epifaniou, Year 7 2nd Place KATAS event 2nd Place Open Category 1st Place Female Category

Marinos Alexandrou, Year 3
1st Place Male Category

Andreas Alexandrou, Year 5 1st Place Male Category

Giorgos Panayi, Year 5 2nd Place Male Category



TENNIS

Konstantinos Koshis, Year 3, was named *Best Teenage Athlete in Tennis for 2018* by the Cyprus Olympic Committee.

INTERNATIONAL TENNIS FEDERATION CHAMPIONSHIPS

Stefanos Savva, Year 6, began with a series of outstanding performances over a week of competition, which landed him *1st Place* in the International Tennis Federation Under18s Agia Napa/Protaras 2018 Tennis Tournament, Grade 5. Later in the year, **Stefanos** went on to win another *1st Place*, this time at the I.T.F. Famagusta Junior Cup 2019, Grade 3.

3

EDUCATIONAL VISITS & SCHOOL TRIPS

Educational Visits
School Trips

Educational Visits

Throughout the year, Xenion students make educational visits to a wide variety of institutions and businesses. Here are details of some of them.

UNIVERSITY OF CYPRUS

In September group of Year 6
Economics students attended a
guest lecture at the Department of
Economics and Management by
Sir Christopher Pissarides on 'The
Labour Market in the World of Robots
and Artificial Intelligence'.



UCLAN BUSINESS ESCAPE CHALLENGE

Year 5's Business Studies class participated in the 'Business Escape Challenge' organised by UCLan Cyprus. Students had to use knowledge they had gained in lessons to solve a business puzzle.



3RD INFORMAL MINISTERIAL COUNCIL FOR YOUTH

On Citizens' Day, a group of Xenion students visited the Presidential Mansion and attended an informal meeting of the Cabinet. President Nicos Anastasiades chaired the third meeting of the Council, whose aim is to boost democracy by encouraging young Cypriots to participate in politics. Discussion centred around matters regarding youth employment, entrepreneurship and national strategy for youth.





'REACTION CYPRUS' DEBATES

Reaction Cyprus is an NGO which works with young people. Under the banner of 'Students Ask', Reaction organised a series of meetings, at which Year 6 students debated various topics with both the Auditor General of the Republic of Cyprus and the Minister for Foreign Affairs.





ART EXHIBIT LARNACA

Upper School Art students visited the 'xibit' gallery in Larnaca.



VISIT TO ACCOUNTANCY OFFICE

Year 4 students taking Accounting visited A. Triaros, Neos & Co Ltd, which is a company specialising in auditing and accountancy. They were given the opportunity to get a glimpse of how the business world works.



JUNIOR ACHIEVEMENT VISIT

As part of their participation in the Junior Achievement programme, students visited the Cyprus headquarters of PricewaterhouseCoopers, one of the biggest accounting firms in the world.



JIM CHANG GLOBAL HOLDING GROUP

Year 6 and 7 students taking Economics and Greek Economics visited one of the many Chinese companies which are now choosing to establish themselves in Cyprus.





VISIT TO POLICE STATION

In February, Year 6 Law students visited the new Paralimni Police Headquarters. While they were there they learned a lot about the realities of Law Enforcement and also got a taste of life behind bars.



School Trips

DAY - TRIPS

Every year Years 1 to 6 go out for the day and Year 7 students go on a three-day trip. The trips are designed to be fun but also to contain experiences of cultural, aesthetic and historical interest. This might be a visit to a gallery or museum, a visit to an historic site or an experience of the traditional Cypriot culture and way-of-life. Here are a few highlights from this year's trips.

On the 22nd of February, the whole school decamped for a trip to various locations around the island. It was a chance to relax and for students and teachers to get to know each other a little better. Everybody had a great time.



Year 1 went to the Camel Park.



Years 5 and 6 at the Kourion, on their way to Paphos





Year 7 enjoyed a three-day trip to Limassol.

YERAKIES SUMMER CAMP

Every year, the school organises a summer camp full of activities and road-trips at and around Yerakies village.





OVERSEAS TRIPS

This year, Xenion students had the chance to travel abroad with their classmates. The trips combined relaxation and entertainment with visiting places of cultural, historical and educational interest. Groups were dispatched to UK, Switzerland and Netherlands.

LONDON, UK





CERN, SWITZERLAND





THE NETHERLANDS





4

END OF YEAR 2018-2019

Teaching Staff
Graduation Ceremony
Graduates
Awards Ceremony

Teaching Staff



MANAGING DIRECTOR:

Katelitsa Zouvani-Phylactou

FINANCIAL MANAGER:

Christos Phylactou

DEPUTY HEAD:

Sue Paterson George Phylactou

CURRICULUM MANAGER:

Theo Vrionides

ASST. TO CURRICULUM MANAGER:

Marios Phylactou

SENIOR MISTRESSES:

Anna Michael Georgina Spanachi Sophia Tsantila-Phylactou Alexandra Waugh

CAREERS OFFICER (UNISTUDIES):

Barnabas Mishi

ICT COORDINATOR:

Christos Monoyios

ENGLISH DEPARTMENT:

Irene Antoniou
Elena Chrysostomou
Avgie Constantinou
Slevi Flourentzou
Kendra Loizou
Anna Michael
Maria Phanou
Despina Sidiropoulou
Georgina Spanachi
Alexandra Waugh

MODERN LANGUAGES DEPARTMENT:

Ismini Papadaki Karin Mousicou Ekaterina Demetroudiou

GREEK DEPARTMENT:

Evie Karyou
Eva Tofini
Christina Kourouma
Skevie Kyriacou
Galatia Pericleous
Yiota Pitta
Margarita Prountzou
Sophia Tsantila-Phylactou
Chrystalla Zanettou

HISTORY DEPARTMENT:

Nicholaos Shiaxiate

MUSIC DEPARTMENT:

Athena Lianou

GEOGRAPHY DEPARTMENT:

Barnabas Mishi

ART DEPARTMENT:

Evanthia Aresti

MATHS DEPARTMENT:

Marina Eracleous Elena Hadjiarou Flora Kittou Magdalini Koskoshi Theofania Kyriakou Anna Papanicola

SCIENCE DEPARTMENT:

Charalambia Charalambous Marie Constanti Litsa Eliotou Sue Paterson Andreas Philippou Panayiota Riala Sotiroulla Siantani Eleni Spanachi Theo Vrionides

PHYSICAL EDUCATION DEPARTMENT:

Andreas Daniel Skevie Michael

RELIGIOUS STUDIES:

Angelica Kyriacou

ICT DEPARTMENT:

Nina Kyriakidou Margarita Antonaki

BUSINESS DEPARTMENT:

Yiannis Constantiniou Ivan Kovalenko Christos Monoyios Manolia Panayiotou Elena Papaioannou

Graduation Ceremony

XENION TROPHY

Maria Vorka, 2019 winner of the Xenion Trophy, which is presented to the graduate who has maintained the best academic performance throughout their seven years at Xenion High School.







XENION SPIRIT AWARD

This is presented to the student who has most shown a positive attitude and ethic, participated significantly in the school community and made a meaningful voluntary contribution to the local community during their seven years at Xenion High School. This year we had several outstanding graduates, all of whom were well-deserving of the award.

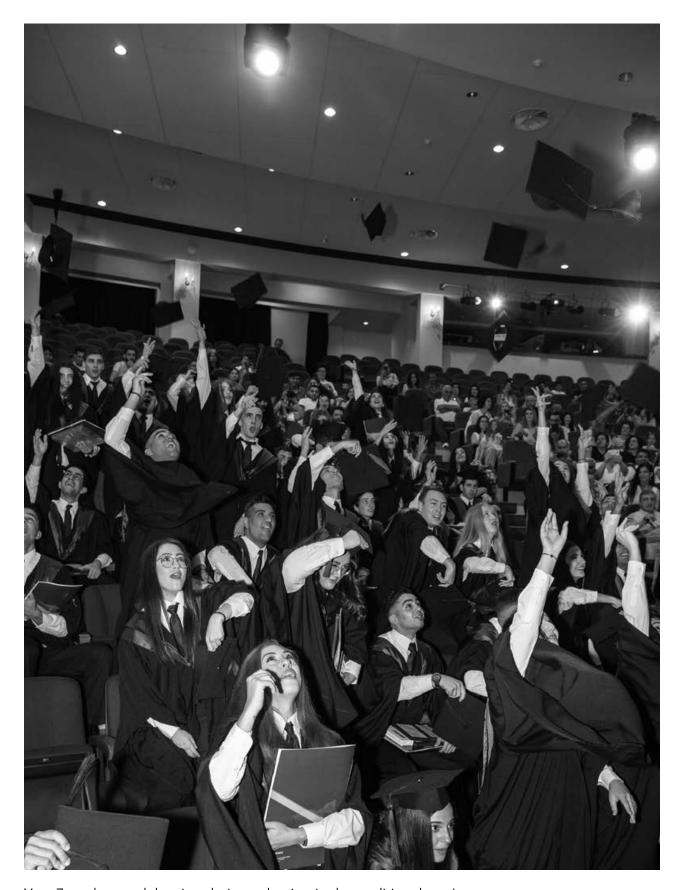
The five Xenion Spirit winners were:
Andreas Kakkou
Andreas Laoutaris
Maria Vardaki
Maria Vorka
Fotiana Zouvani





VALEDICTION

The Valediction was delivered by **Andrea Kakkou** in English and in Greek by **Maria Vorka**.



Year 7 students celebrating their graduation in the traditional way!

Graduates









The graduates who finished highest in their class were -

Joint First: Andreas Kakkou and Maria Vorka;

Second: Fotiana Zouvani and Third: Constantinos Lambrou.

Form 7A









Eracleous Loukia Alexandra Konstantinou Emmanouil





Koulas Myronas



Kurbatova Mariia



Kyriacou Eleni



Machattos Nektarios



Madanat Adam







Moiseienko Daryna



Peshi Irene



Pieris Alexandros



Pieris Michalis



Rogozina-Nicolaou Ekaterina



Tsielepi Alexandra

Form 7B





Andronicou Chloe



Charalampous Georgia



Dorotheou Georgios



Epifaniou Antonia



Hadjipanayi Louiza



Ioannou Petros



Kakkou Andreas



Karas Constantinos



Katsonis Antonios



Lambrou Constantinos



Laoutaris Andreas



Leventi Stephanie



Markoullis Rafail



Mousikou Antri



Stylianou Vasilis



Vardaki Maria



Vorka Maria

Form 7C





Adamou Nikos



Anastasiou Georgia Andriana



Christou Antonis



Efthymiou Charis





Gerolemou Panayiotis Hadjiconstantinou Zacharias



Karas Anastasios



Neos Georgios



Papantoniou Markella



Pashis Andreas



Piki Anna



Pitsillou Eleni



Pyrillis Solomos



Tsiola Panayiota



Tsiouti Elisavet



Vrionides Marcos



Zouvani Fotiana

Award Ceremony

On Monday 24nd June the academic year came to its formal close. As usual, this was combined with the giving of Awards to students in Years 1 to 6 who had distinguished themselves in all fields, including Science and Technology, the Arts, Literature and Sport.















Quality education is our sole purpose and our mission.

We see Xenion High School as the workshop in which the characters of our children are forged and refined: shaping them into capable, productive, active citizens of the 21st century.

KATELITSA ZOUVANI - PHYLACTOU